

Owned and operated by The Employees of
The New York Hospital



**Be SURE to READ
about the
NAME CONTEST on page 2**

Volume 1

JUNE 15, 1939

Number 1

**COMMENCEMENT
ACTIVITIES OF THE SCHOOL
OF NURSING**

Formal and informal activities mark graduation time for the Senior Class of the School of Nursing, who were the guests of the Executive members of the faculty at breakfast in the north tower room of the residence, Sunday morning, June 11th.

The House Committee served tea to the graduating class, their families and friends in the Lounge from three until five o'clock. Preceding this Vesper Service was held in the Auditorium at which Dr. Frederick K. Stamm, Minister of the Clinton Avenue Community Church Brooklyn, conducted the service and gave the address.

"What is so fair as a day in June" when that day marks for thirty-four students completion of three years in preparation for the nursing profession. Before members of the Board of Governors, members of the Faculty of The New York Hospital School of Nursing, families and friends, the class of 1939 received their diplomas and medals on Monday, June 12th, at four o'clock in the auditorium of the nurses residence. Mr. Augustine J. Smith, Secretary of the Board of Governors and Chairman of the Council of the School of Nursing presided on this auspicious occasion. The Reverend John W. Suter of the Church of The Epiphany delivered the invocation and pronounced the Benediction. Dr. Edmund Ezra Day, Ph.D., L.L.D., President of Cornell University addressed the students.

Following the graduation exercises, Miss Anna D. Wolf, Director of the School of Nursing, with Mr. Smith, Lillian Horan, President of the Student Organization and Ruth Ouwerkirk, President of the Class of 1939, received the guests in the Lounge where tea was served.

Those graduating were:

Bella Berenberg
Boston, Massachusetts
*Elaine Ruth Biederman,
York, Pennsylvania
*Adrienne Cutler Child
Swarthmore, Pennsylvania
(Turn to page 3)

MAY WE PRESENT



Mr. MURRAY SARGENT

The gentleman whose picture you see above is your boss — Mr. Murray Sargent. The Governors of the Society of The New York Hospital have appointed him their Administrator-in-Chief. In that capacity Mr. Sargent is the administrative agent of the Governors and is responsible for the proper discipline and government of *all* the departments of the Society — None need to question his responsibility nor neglect to acknowledge the very fine work he has done.

He reports: graduated from Yale in 1905; early business experience with Sargent & Co., hardware manufacturers in New Haven, Conn., then successively Purchasing Agent, Production Manager, Sales Manager, Secretary, Director and Vice-President; while a resident of New Haven, a Director of the First National Bank & Trust Company, which bank holds the second oldest national bank charter in the country, a Director of the New Haven Hospital, which is the largest and oldest Hospital in Connecticut, affiliated with the Yale University Medical School, a Director of the New Haven Com-

(Turn to page 3)

BASEBALL

Did you know that the Hospital now has a baseball team? As this is written the team is still in its infancy having been organized sometime after the first of May, but several practice games have been held with 30 or 40 candidates out for the team. The necessary funds for outfitting the team have been raised through a benefit piano concert given in the Nurses Residence auditorium and a raffle. We are greatly indebted to Mr. Creighton Allen for his kindness in giving the concert before an appreciative audience, which was deeply impressed by Mr. Allen's talented renditions of a wide variety of pieces some of which were of his own composition.

The first team at this writing includes the following players: Bergen and Halaksin of the Messenger Service, Hahn, Kelly, Donovan, Hernandez, and Wirnshofer from Engineering, Regan — Protection, Plante — Orderly, Rith — Pharmacy; and Melish, Stedronsky, Robinson, and Kral from the Laundry. The Line-up is still subject to change so if you think you're a good ball player come on out and try out for your favorite position.

Home games will be played on the Rainey Park diamond just across the river in Long Island City on Friday nights. In the first game on May 16th, the New York Hospital trimmed City Hospital by a score of 9—0. The Hotel McAlpin and Rockefeller Institute teams were taken into camp on May 22nd and 23rd by scores of 12—0 and 17—0 respectively.

They surrendered to the Independent Subway on June 1st, 9—12. Games with the following teams are being considered but have not yet been definitely scheduled: Fifth Avenue Library, United Parcel Service, Lord & Taylor, Creedmore State Hospital, Presbyterian Hospital, E. R. Squibb & Sons, Lenox Hill Hospital, and Manhattan State Hospital.

If you're a baseball fan and went to see a good free game, join the crowd at Rainey Field on Friday nights and root for the home team.

EDITORIAL BOARD

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OUR AIM

With that self-same assurance and surprise with which a baby takes his initial step, we walk out to greet you with this gazette. Would that we could see the knitted brows or perhaps the gentle smiles that meet us. Be not afraid, this is your project.

The avowed purpose of this paper is to report the activities of the employees of the New York Hospital in order that they may get to know one another better and to appreciate their own and the other fellow's contribution to the successful operation of this institution. We acknowledge that each of us has a job to perform, without diligent application to which, our hospital could not maintain its enviable position in its respective field.

The articles which appear will be the voice of the employees. We earnestly solicit your criticism and your comment; we ask for articles and news about your department; we seek your opinions on our mutual problems.

We propose to weld the ideas and aspirations of the employees of the New York Hospital into a common bond so that as we tarry here in the pursuit of life's journey, we shall have made a worth while contribution to our institution and our employment here a happier one.

The editorial staff is indebted to the Nutrition Department for the use of its library for the numerous meetings held prior to the appearance of this paper.

We wish to acknowledge also the very fine assistance given to us by the Misses Beatrice Meyer and Minerva Garcia of the Volunteer Department.

It has come to the attention of the editors that a number of our employees are not yet aware of some changes in the administration of our institution.

Mr. Barklie Henry, Vice-President of the Board of Governors, is now serving as Acting President of the Board and has done so

Now it's your turn !!!

This paper has had its start under the guiding hand of a few of us; from now on its YOURS!

First of all it must have a NAME  YOU NAME IT
 - THIS IS A CONTEST 

There will be a prize of \$5.00 for the person who sends in a name which, in the opinion of the editorial board is most suitable for this paper. The decision of the editorial board must be regarded as final. If the name selected is suggested by more than one person, the prize money will be divided equally.

Please address your suggestions to Alta B. Atkinson, Tube 31

THE CONTEST CLOSES JUNE 31, 1939

Our next edition MUST have a name ! !

since the loss of our last President, Mr. Henry G. Barbey, on July 24th, 1938.

Dr. George W. Wheeler, M.D., succeeded Dr. R. R. Hannon, M.D., as Superintendent of the hospital upon the latter's resignation on October 1st, 1938.

Dr. Gerald W. Sinnott, M.D., succeeded Mr. Robert C. Kniffen as Assistant to the Superintendent on April 1st, 1939. Mr. Kniffen has taken the position as assistant to Dr. William C. Klotz, Director of the Out Patient Department.

We will at all times attempt to cover these matters — If there be any question on your mind as to who does what, we will be happy to secure the information for you.

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To the Editorial Board:

My best wishes for a long and a happy life are extended to this new venture. May this periodical prove to be an effective means of a better mutual understanding among all of us who are working together for the welfare and sound development of this great and honored institution.

June 15th, 1939. MURRAY SARGENT

ALUMNAE LUNCHEON

The Alumnae Association of the New York Hospital School of Nursing had as their guests for their annual Commencement Luncheon on Monday, June 12th, the following reunion classes:

1879	1899	1919	1937
1884	1904	1924	"Big Sisters"
1889	1909	1929	to
1894	1914	1934	1939

This is the third luncheon including the 60th Anniversary Luncheon of 1937 which the Alumnae Association has fostered.

The committee responsible for this year's

luncheon was: Hazel Emmett, Helen Daum, Dorothy Hobart.

HAWAIIAN DANCE

On Saturday, May 27th the Dance Committee of the Nurses Residence gave a gay Hawaiian Dance. The guests were first transported to "Romantic Hawaii" via moving pictures and Hawaiian music.

Decked in bright colored leis two hundred guests danced to the strains of Ka-Po Lani's Hawaiian Orchestra. In the atmosphere of swaying palms, twinkling stars, "magic Hawaii" was brought temptingly near.

Thanks to Eleanor Hanson, chairman of the committee, Cecelia Welsh, Dorothy Meyer, Agnes Reiman, Elizabeth Hazen and Phyllis Anderson for a lovely evening in the Land of Aloha.

GARDEN CLUB

The Garden Club on Thursday, June 1st proudly exhibited their efforts to a hundred guests at a tea held in the Garden. The Garden is a small rectangular space 30' by 50', located at the northeast corner of the Nurses Residence. This has been the interest of a group of nurses for the past three years.

The success of the little garden, is due to the untiring efforts of Verda Hickcox, her committee and Henry, the gardener.

We couldn't compete with the World's Fair Tulips, but ours were worth seeing this year.

We are indebted to Mrs. Horace Schmidlapp, mother of Carl J. Schmidlapp, a student at Cornell Medical School, for our lovely geraniums.

We extend a cordial invitation to the employees of the Hospital to visit the garden at any time.

Miss Bertha Cousy has avowed an intent to wed. The lucky man is Mr. Charles Goodall. The time is June 17th.

Lee L. Ehrbright has returned from his vacation but he is still honeymooning. Having no qualms about May 13, Lee and Miss Helen Haak selected that date to be married at the bride's home in Medina, New York. Since that time they have been motoring and visiting in Northern Michigan and Wisconsin. Mrs. Ehrbright is on the staff of the Prospect Heights Hospital in Brooklyn as head of the physiotherapy department.

Congratulations and Best Wishes !

The committee in charge of soliciting monies for the Greater New York Fund wish to take this opportunity to thank the many contributors for their active response. As we go to press donations are still being made. It is not too late for yours.

MAY WE PRESENT

(continued from page 1)

munity Chest, President of the New Haven Rotary Club, Vice-President and Director of the American Hardware Manufacturer's Association, and during the latter part of the World War, Chief of a Section of the War Industries Board — with this background Mr. Sargent came to the New York Hospital on October 1st, 1934 as Assistant to the President of the New York Hospital and successively received the titles of Executive Director and later Administrator-in-Chief.

May we add: that as formidable as Mr. Sargent's biography may sound, you will find the gentleman gracious and sympathetic. Your correspondent was unable to procure a photograph of the graduating class of Yale '05 showing the subject sporting a handlebar mustache nor have we tracked down the persistant rumor that he employs a very lusty bass singing "Boola-Boola," but we have hopes.

You have noted that when President Wilson had trouble checking the enemy drive during the World War, he summoned the check and lock man from New Haven — Thus far, we have not found what disposition was made of his salary — one dollar per year—for that was in the period B.I.T. (Before Income Taxes).

As with the Greeks, who "had a word for it," Mr. Sargent has a penchant for quoting Latin; often doing so with devastating results for those who do not follow the thought he thus espouses. And another thing we must stress is that all these matters must be on the "agenda" for as is dark unto night, so is that word unto the boss's vocabulary.

Fear not. If you have a complaint or a suggestion you will be assured a sympathetic audience. If your suggestion is a good one,

you will receive full credit for it. No "Big Stick" will be used, just good common sense logic. If he cannot sell you a proposition, you are tougher than his former mid-west jobbing customers, with whom he was most persuasive and very successful.

All this adds up to what we have been trying to say and that is that your boss is a "top notcher."

CHEF HARRIS

Vacation time is here again! From Mr. Hanning, whose office staff can dig up the most amazing facts, we learn that the accumulated vacations for the hospital personnel this year would total in time, if the weeks were piled end on end, approximately 90 years.

In the Nutrition Department, if one man were employed to do relief for all the vacations he would have a steady job for 10 years.

There are many people who have been serving the hospital for a long time. One who has served well, and left a good impression on many patients and guests is Adolphus Harris, better known as "Harry." Chef Harris is King of the Range in the private patient kitchen. He was first employed by The New York Hospital on November 20, 1918 — on a Saturday he recalls. Prior to that time he was doing general construction work in various government munition plants.

He began his work with us as a general kitchen man, and worked as such for about eight months. Then he became assistant to Charles Watson, the Danish chef at the hospital at that time. He learned how to cook from Chef Watson. In 1922 he was placed in charge of the preparation of food for the private patients and the nurses.

When the hospital moved uptown, Harry was made chef at the Nurses Residence. Six months later he was placed in charge of food preparation for the private patients. In the past seven years he has been off duty only three days due to illness. He is fifty-three years of age, is married and has two children.

PEDIATRIC OR OBSTETRIC PROBLEM?

Johnnie's ailment, as diagnosed by his father, was a penchant for breaking windows. Following his parent's suggestion to substitute a hobby for this habit, Johnnie goes to the Library the next day to conduct a study of moths, how to collect them, mount them, their habits, etc. That evening he enthusiastically greeted his father with the news that he had two books on the subject, namely, "Advice to (Moth)ers" and "Helpful Hints to Those About to Become (Moth)ers."

SCHOOL OF NURSING

Commencement — (continued from page 1)

Gin Elaine Chu

New York, New York

*Ida Lillian Cohen

Derby, Pennsylvania

Alberta Ruth Dunn

Saybrook, Pennsylvania

Nancy Aishlin Eckert

Cos Cob, Connecticut

Elizabeth Adams Ernst

Billings, Montana

Sally Olive Estabrook

Alplains, New York

*Helen Elise Foertsch

Philadelphia, Pennsylvania

June Gardiner

Utica, New York

Clara Ellsworth Goodman

Ithaca, New York

Clara Leah Gurvitch

Springfield, Massachusetts

Blanche Heller

Bronx, New York

Marie Hojmark

Cornwall Landing, New York

Lillian Mary Horan

Hartford, Connecticut

Frances Carolyn Hornketh

Trenton, New Jersey

Jane Bernadette Hughes, B.A.

New York, New York

Nora Clifford Lalor

New York, New York

Cloy Belle LyBarker

Daytona Beach, Florida

Naomi Merian

New York, New York

Ruth Marie Ouwerkirk

Muskegan, Michigan

Mary Eva Poor

Topsfield, Massachusetts

Margaret Susan Sharp

New York, New York

Virginia Anna Sottung

Elizabeth, New Jersey

Margaret Spangenberg

Forest Hills, New York

Dorothy Marie Stevenson

Piermont, New York

Edna Frances Stratton

Rahway, New Jersey

Rozalia Pauline Sturz

New York, New York

Anne Dorothy Wahlgren

Bridgeport, Connecticut

Arlene Margaret Webster

Port Jefferson, New York

Natalie Marie Woznick

Brooklyn, New York

Marjorie Evelyn Wylam

Newburgh, New York

Rosa Alice Yonke

New York, New York

*Will receive the B.S. degree from Temple University upon completion of their nursing course.

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We must learn from the mistakes of others—we will never live long enough to make all the mistakes ourselves.

DOORS AND WINDOWS

The one and only request which the Administration has made of your editors has to do with doors and windows. They have asked that we remind you to close your windows and lock your doors when "day is done and shadows fall." We know you will — Thunderstorms and burglars are poor bed-fellows.

TENNIS

Four tennis courts and two badminton courts are under construction for the hospital on its property on York Avenue between 68th and 69th Streets. The work will be completed about June 21st, and the courts will then be available for use by all hospital employees.

WHO'S WHO IN THE ACCOUNTING DEPARTMENT

Our Accounting Department is under the supervision of our energetic comptroller, Mr. John Keig. For those who don't know Mr. Keig, except for his paycheck signature, he can be described as the dark haired, dark eyed individual who occupies the office in H 110. His nose — well that happened while catching for the home town baseball team. He called for an inside hook which the batter decided to straighten out a little. He still looks like a good prospect for the baseball team however. He is one of our Connecticut Commuters. Miss Morganroth, his secretary, can usually be found looking through the files in H 108 for an important letter later to be found in Mr. Keig's desk.

Office Manager "Jim" Barrett is the little fat fellow who although shortest in stature is longest in point of service. If you want to know anything about the hospital records — ask Jim. If you have heard any good stories lately — call him up.

Mr. Edholmes, the Credit Manager, is one of our "front door" men. It is to his office (H 120) that all patients are directed when seeking adjustments in rate or who have complaints to register. Perhaps this explains his thinning hair. The smiles of Miss Willard, his secretary, turneth away much wrath however.

Mr. Hanning, our pipe smoking Personnel Manager, probably needs no introduction. He is kept down in the sub-basement for the convenience of prospective employees rather than because of said pipe. His secretary, Miss Adams, is the outdoor type and eats her spinach.

Mr. Wells (not H. G.), the Internal Auditor is one of our mustached members who is best known for his warship manoeuvres game as depicted in a recent issue of the *Life Magazine*. He is also the hospital Not-

ary Public, so, if you make enough to pay the Government a share, look him up around Income Tax Return time.

Mr. "Red" Vander Meer is the cost accountant usually found engaged in finding out how much it costs or will cost to do this or that and why. His desk can be readily recognized by the varied assortment of reports and records found thereon for which someone else in the Accounting Department is looking. His data seeking excursions into the other departments has resulted in his being called the "infernal" auditor.

Miss Schmidt and Miss Johenning are engaged in keeping our Account Receivable records straight. Miss Schmidt catches that early East Orange Ferry boat and is the official office opener in the morning. Miss Johenning is an authority on Cruises. Mrs. Shapiro, our Collection Clerk, can always be found waiting at the reception desk during visiting hours for those who are "negligent" in paying their bills. She has quite a memory for names and faces and cannot be fooled by a false beard.

In our Cashier's Office you will find "Mac" McBeath, "Chuck" Van Sluyter, "Pete" Peterson, "Bus" Busse, "Ernie" Yaneva, Helen Anderson, and Evelyn Wilkins. They are always on public display so go down and look them over if you care for particulars. NOTE: Helen Anderson is married even if she does blush.

In the Payroll Office can be found Miss Coote and Miss Silvey, — a contrast in calorie consumption. If you have to wait for your check from now on you know who to blame. They are both good natured if you don't get their "Irish" up.

In room H 101 you will find Mr. Hollings and George Taylor the O.P.D. accountants and statistics compilers. Mr. Hollings, in addition to his statistical work, is also the creator of the hospital models on display in the main lobby. "Doc" Taylor, his able assistant, is known as a "regular" guy. Foss Cunningham, the pharmacy clerk, is also to be found in H 101 Those wrinkles on his forehead are from wearing his glasses up there.

In the Accounting Department proper can be found "Cy" Johnson, bookkeeper; Lucy Guiragos, supplies budget clerk; "Pat" Dillard, payroll budget clerk; George McBride, vouchers payable clerk; Helen Chenoweth, stenographer and typist; Marsha Voyerhoff, tel. and tel. clerk; John Walsh, utility clerk, and H. Young, former night clerk. Long Cy is a product of Maine and is quite an outdoor man. He spends his vacations hunting deer and brings back snapshots for "evidence." Lucy is the dark eyed lass usually found watching the corridor for

Franchot Tone with one eye, while using the other for her work. She is not cross-eyed and also wears a diamond. "Pat" Dillard is another of our Jersey delegates and it is rumored that the big event occurred during her vacation last summer. Helen Chenoweth's literary ability recently won her a week's Cruise to Bermuda. P.S. She took her kid sister, H. Young has been working nights so will be investigated at a later date. John, the office boy, does not wear a coat but washes his face daily. Marisha Voyerhoff came to our midst by the way of Russia, Belgium, England, and France as a result of the revolution. In addition to keeping the accounting department in good humor, she also speaks and understands several languages which proves very convenient at times.

Silent George McBride is the quiet, good-natured chap, who always dresses as if for a date with his best girl.

Further details concerning any of the above named employees may be had by sending a certified check for \$1.00 to your reporter. Employees desiring that no further information be publicized will be placed on the confidential list upon payment of \$2.00. Thus for a total of \$3.00, you can keep your past a dark secret and find out all about your co-worker. Don't rush folks!

THE HOBBY SHOW

On Friday, May twelfth, the faculty and the staff of the New York Hospital joined students of the Cornell Medical College and in an exhibition of hobbies and talents unrelated to their medical work. The purpose of this show was to revive an acceptable form the tradition of the May Day Show, abandoned since 1935, and to supplement the picnic at Dr. Mayer's in bringing the community together outside the classroom and the ward.

The show consisted of an exhibit in the College Dining Room and a variety show, in the main auditorium. The exhibit included paintings by Drs. Foot and Nonidez and Preston Weadon of the 2nd year class, a group of photographs by members of the Camera Club, hooked rugs and metal work done by Dr. Joshua Sweet, and collections of china, silver spoons, old books, literature related to the New York Hospital, curios from the South American Jungle, and several varieties of tropical fish.

The variety show opened with songs by a student Glee Club of twenty voices (which had rehearsed for only four days) and included a performance of magic by George Vassos of the 4th year class, a piano recital by F. P. Coombs of the 3rd year class, a tap dance by Miss Vivian Tenney of the 4th

year class and an impersonation of Franklin D. Roosevelt by George Dana of the first year class, which brought down the house. The artistic climax of the evening was reached in the playing of the Bach "Chaconne," violin solo, by Dr. Andres Roedenburgh of Amsterdam, the Netherlands, a graduate student at the Medical College. The enthusiasm which attended this performance was equalled only by that accorded the recital of hillbilly songs by Dr. Kahn (with his guitar) and Dr. Smillie, Messrs. MacDonald, Grimshaw and John Smillie (with their harmonicas). The performance ended with the Glee Club's rendition of a new Medical College anthem; the music being from Jon Sibelius the familiar "Finlandia" and the lyric by T. P. Almy of the fourth year class.

The Hobby Show was attended by an enthusiastic crowd of three hundred persons and the proceeds, though modest in amount have been designated to provide some small improvement for the College Dining-room. The Phi Club, which sponsored the event, has been so gratified by the enthusiasm of the audience that they plan to revive this each year at the same time. Considering the wealth of talent discovered in the hospital and in the Medical School, we venture to predict a series of annual shows, each as enjoyable as the first.

STANDARDIZATION HELD VITAL TO ECONOMICAL FOOD PREPARATION

Whether you eat to live or live to eat, you are interested in food. The degree of interest being merely modified by individual conditioning, we all nevertheless, enjoy despatching a good hearty meal now and then. Elapsed time between *aperitif* and dessert generally being but a matter of minutes, we give our food little more consideration than that the petrol poured into a car at the filling station.

Since our food is not obtained ready prepared in the fields there must, of necessity, be a considerable amount of work expended in preparing it for human consumption.

Our Nutrition Department has therefore been developed into a highly specialized organization designed to handle efficiently the demand for wholesome and appetizing meals. Food is ordered from quotations received in the office of S. Margaret Gillam, Director in charge of the Nutrition Department. By late afternoon orders have been placed with the wholesalers whose bids on perishable foodstuffs have been considered most satisfactory in point of cost weighed against grade.

On the Receiving Platform at dawn, we

find Ivor Williams, that redoubtable Welshman with the Cockney accent; market order at hand, checking all goods, making certain that the vendor has shipped in the contracted provender. From here on we take a very deep interest in quality. Two stories underground the raw foods are again checked and, if found to be completely satisfactory, are sent directly to the Main Kitchen for preparation.

We digress here for a moment in order to carry the canned goods, or staples, to the Kitchen. Semi-monthly a market order is drawn up in Nutrition Stores to replenish all staples showing a low balance on hand. The size of the individual order being determined by the amount of the article expected to be consumed in a two month period. Bids are taken on the articles needed, by the Purchasing Department. After consulting the Nutrition Department, contracts are placed and the goods specified by order arrive from the wholesale warehouses.

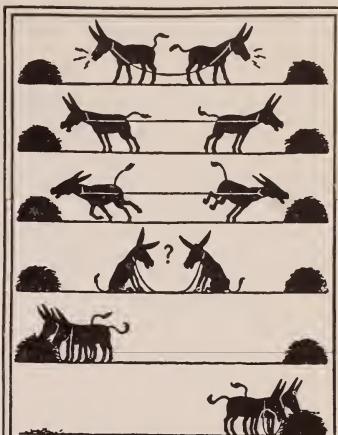
Again the Receiving men check the goods for general specifications and they are then delivered to Nutrition Stores where an eight to ten thousand dollar inventory is stocked. The canned goods are re-checked and if in good order, are received.

The modern storekeeper says, "In God we trust, all others pay cash." — Nutrition demands that there be an Inter-departmental requisition for every transaction. In effect, we use an up to date version of the estimable Chinese adage, "No tickle, no shirtee." Our requisitions give a complete history of every exchange of goods. Over a thousand dollars worth of food is carried through this department by means of these requisitions every day. Our "Call for Groceries" boy, Johnnie, figures that if all the cans he delivers in a year were laid end to end they would make — an interesting W.P.A. experiment.

When you call for 'ham and' you are getting ready to eat your part of the ton of bacon consumed every month. Your fruit juice cocktail is only a drop in the bucket of more than 26,000 gallons of fruit juices served in 1938.

We see approximately six thousand meals prepared daily in our Main Kitchen under the able direction of Alta B. Atkinson. It is here that the able cooks, in their tall white hats, hold sway. The mystery has gone out of culinary ability. Standardization is now a prime requisite of a well-cooked meal. We are led to understand that hash is made according to recipe — we hope.

During meal hours we see issuing from steam ovens and huge soup kettles, heterogeneous foods. Runners pick up their orders of delicious vegetables and meats steaming



TEAMWORK

An Editorial without Words

hot and push them, in heavy Monel metal carts, down long corridors to the steam tables where the bushels of spinach and sides of beef at last are served to you as portions of 'this 'n' that.'

Much of the hustle and bustle has been taken out of food preparation. We find men working in unison; each man a unit geared to the production line. The actual planning of the meals is done in offices well away from the kitchen and often days in advance.

Your meal having been served, the dishes bussed, and your interest in food on the wain, there is but one feature of nutrition remaining, namely; the distillation of the prepared meals into statistics.

Within thirty-six hours of any given day our food cost clerk, Frank Tyrolt, has reduced the meals served in any unit in the Hospital to three point figures. You have passed judgment on the relative merits of the meals from an edible standpoint, the executive staff is now chiefly concerned with the economics. Upon the results of these figures is based, in part, the decision of whether you have chicken or chop suey tomorrow.

Daily is waged a war of colors; green vegetables and red meat vs. black ink and white paper, with the dietary staff sitting in judgment. The *piece de resistance* is far over-shadowed by plain and fancy pottage. The cuisine has perhaps lost much of the fan-fare but is now able to offer to the ordinary man extraordinary food.

THE RESEARCH METABOLISM WARD OF THE DEPARTMENT OF MEDICINE

With the fusion of the Cornell University Medical College and the New York Hospital in 1932, there was incorporated in the newly organized Department of Medicine an institution that, while comparatively young in years, had established a tradition for investigation of the diseases of metabolism that has set a standard. This was the metabolism ward of the Russell Sage Institute of Pathology which was founded in 1913 by Professor Graham Lusk, from the Department of Physiology, Cornell University Medical College, and Dr. Eugene F. Du Bois, Chief of the Cornell Medical Division at Bellevue Hospital.

The metabolism ward was situated in three small rooms adjacent to the Second Medical Division wards at Bellevue Hospital and housed the first calorimeter for the study of patients. This calorimeter was built by Riche and Soderstrom and has been in function since 1913. It permitted the measurement of respiratory metabolism and the heat production of patients with various clinical conditions. One of the important results of the work done was the working out of the factors by which the measurements of the basal metabolism could be carried out on the very simple machines which now form an indispensable unit of every hospital through the world. A wide variety of metabolic observations were made under the leadership of Dr. Du Bois which has added greatly to our knowledge of metabolic processes and methods by which heat is produced and lost from the body in health and disease. Among the many contributions was the first chemical study which clearly showed that a condition of hypo-parathyroidism existed in humans in association with a tumor of the parathyroid glands. This curious disease results in a loss of calcium in the bones with a resulting deformity and shrinking of the whole body. As a result of this study, we now know what to do for the unhappy victims of this disease, namely the search for and removal of the parathyroid tumor . . . In practically all metabolic laboratories throughout the world the basal metabolism reports are given in terms of the Aub-Du Bois standards which were worked out in this laboratory.

Another service was performed by the Russell Sage Institute of Pathology during the War. Dr. Lusk and Dr. Du Bois worked out standards for the feeding of children and adults which guided the Allies in their food program and in the aftermath of the War and rehabilitation of the Central European powers.

The Russell Sage Institute of Pathology is at present situated on the second floor of the F building of the New York Hospital, consisting of two small wards, one male and one female, with a total capacity of six patients and a special diet kitchen. This is under the charge of Miss Ruth Roberts, a New York Hospital graduate, and her staff consisting of three nurses thoroughly trained in dietetics, Miss Dorothy Bailiff, Miss Gerta Norgaard, and Miss Marian Pilling. Their task is a very complicated one, since exactness is a prime requisite of all the work carried out on the ward. There the diets must be exactly weighed out, with the requirements of each specific study in mind, and the nursing staff must be prepared to calculate and prepare a wide variety of such dietary regimes. Studies on creatine metabolism in diseases of the thyroid and various muscle diseases necessitate diets which must be completely free from creatine. Patients with Addison's disease must have diets in which the sodium and potassium requirements are exactly worked out. Diets with an exact composition of calcium and phosphorus are employed in the study of parathyroid insufficiencies which occur spontaneously or after injury to the parathyroid glands following thyroidectomy. Other cases need exact water balance. In many cases exact urine and stool collections must be made over definite periods marked off by carmine. The patients must be carefully watched lest any extra food be brought in from the outside, a task which frequently necessitates all the ingenuity of the nursing staff to circumvent. To be prepared to meet all these demands is no small task, and Miss Roberts and her staff have proved equal to the variety of demands made on them.

Opposite the ward is the research chemical laboratory where all the various chemical tests on the patients under study are carried out. This work is being done by Mr. Vincent Toscani, who has been with the Russel Sage Institute of Pathology since 1926, and by Mr. William Bartells, who is associated with the work being done by Dr. Milhorat and Dr. Wolff on the muscular dystrophies. The adjoining two rooms are the domain of Mr. G. Fabian Soderstrom and consist of the machine shop where he turns out instruments of the greatest delicacy and accuracy. The remaining room has long been the heart of the Russell Sage Institute of Pathology and houses the respiratory calorimeter which has now reached its 26th year of almost constant service, during which it has been constantly modified and improved. Mr. Soderstrom sits at the control desk and hovers over every one of its numerous details with an interest and affection of 26

years standing.

At present a good deal of work is being done in an analysis by Dr. Du Bois and Dr. Hardy of the factors concerned with heat elimination from the body. This has necessitated the development of much new apparatus by Dr. Hardy whose radiometer for the measurement of body temperature has now been universally adopted as a standard instrument.

The organization has as its chief function careful study of metabolic aspects of disease. Its greatest concern is to obtain completely reliable information. That it has done so and still continues to do so is a measure of the faithful and scrupulous cooperation of a staff of highly trained workers for whom the standards are quality rather than quantity. The Department of Medicine is keenly appreciative of all their efforts in this direction.

A HEART-TO-HEART CHAT WITH THE PHARMACY

Wherein are set forth a few requests and a few admonitions.

In slandering terms, call it what you will, but caution any possible audience to quote you correctly. In official language, call it "The Pharmacy" for short — at length call it "The Department of Pharmacy," and, in formality, address it as "The Apothecary." We plead that you *never* refer to it as "drug room." It is no more a drug room than a pavilion is a ward, the distinction is as great if not greater and the entire departmental staff has taken pride in creating, takes pride in maintaining and will take pride in preserving that distinction.

The Pharmacy acts as a direct service department to both the Hospital, at large, and the public. That service is taken very seriously and is promoted constantly to as great a degree as possible. But, as is so often true, the department might sometimes fail to see its own shortcomings in its attempt to play the role of a "Midas" and improve upon, if not completely change every act into one of pure, unadulterated service. In view of this fact, it behoves the department to request and continuously welcome suggestions, comments, or complaints from the entire personnel of our Hospital. Anything which comes to the attention of the department in these forms is given thorough consideration and adopted either in a modified form or in its entirety, if feasible. The request is made that no hesitancy be shown in transmitting these thoughts to the department. Members of the staff are out through the Hospital at many intervals during the day — a short chat with any of them will bring

immediate action.

That you may know them better: In the early morning hours, Peter Tighe services the "M" and "N" buildings and later through the day covers the entire Hospital for special deliveries. Donald Rith services the "G," "H," "K," and "L" buildings during early morning hours, Peter Blaso the private floors, and, the earliest contact of all is made by Earnest Forth, who, at 7:30 each morning stops off at the General Operating Rooms to obtain the empty containers and orders for the day — those supplies are the first to be prepared at the Pharmacy. Mr. Crolly and Mr. Kinsey are always available at the dispensing windows or at the telephone during the day and gladly receive any comments anyone might see fit to offer. Miss Barnsky operates the out-patient department; a word dropped with her in passing will suffice. The one individual who is seldom seen about the Hospital or in the dispensing laboratories of the department is Mr. Bavero. His work is in the manufacturing laboratory which occupies the large sub-basement section of the Pharmacy. There he supervises a great portion of the routine manufacture of galenicals which are used on every nursing floor. Comments on such preparations ultimately affect his work and he is grateful for any suggestions.

May the point be again emphasized that there is no reason for hesitancy in these matters, and it is so much more satisfactory to receive comments direct than as hearsay.

ONE HALF POUND OF WATER

The Engineering Department has been asked to write a little skit for the new paper put out by the New York Hospital, and it is with a feeling of some diffidence, not to say trepidation, that we have now embarked upon this disquisition, regarding our many and manifold operations. Naturally, like the other departments, we strive to do our best to expedite the functions, which are our especial forte, in order that the whole institution may give the uttermost to the patients, who are suffering from the many ills, that are taken care of in the Hospital. In order that some idea may be had of the many activities of this department, we propose to give a short synopsis in each issue, as printed, of a few facts, avert each sub-department of the Engineering and Maintenance Department.

To carry this on in a logical way we will first start with the generation of steam. Contrary to the general belief, there are many important factors in the art of boiling water. In the first place, we are concerned with the cost of fuel and the more pounds of water that can be evaporated into steam per pound

of oil, the less the cost of taking care of each patient. The fuel bill of this Institution will average \$300 per day the year around and on extremely cold days the cost of fuel will rise to as high as \$700 per day, depending upon the cost of fuel at the time. Therefore, it will be seen that the men who operate the boilers to supply the steam needed to operate this institution, who it is needless to say are experts in their line, just as much as the skilled surgeon is in his line, are performing a duty that is commensurate with the duties of any other group of people employed by this Hospital. I take this opportunity to spread upon the Roll of Honor of this Institution, the Firemen, and the Engineers, who direct their efforts in making the steam needed and in that way helping to operate this Hospital efficiently. The loss of just one-half pound of water evaporated per pound of fuel for one year will amount to approximately \$5,000.00 which is quite a sizeable amount, and well worth saving. This little example alone will show that a great deal of care is needed in the prosaic duty of just boiling water into steam. We could go on to greater length, but this one example will give some idea of the care needed in the Boiler Room alone. To give added force to this illustration of the care used in the Boiler Room, if that amount of steam which equals 17,909,664 pounds had to be bought from one of the steam companies it would cost this Hospital the nice little sum of \$14,327.20, which is quite a good sized fortune in itself.

NEWS ITEMS

Mrs. Marjorie Borise has been appointed secretary to Miss Frost and Miss Banfield in the Out Patient Department, relieving for Mrs. Stephenson who is still on leave of absence due to illness.

Miss May Kennedy, Agnes Schubert, Caroline Keller and Florence Harvey attended the National League of Nursing Education meetings in New Orleans, in April.

Miss Steinberg has resigned as Head Nurse of G-8. Miss Mary Haver, New York Hospital, 1937, formerly assistant Head Nurse has been promoted to replace her.

Miss Helen Clark, Supervisor in Pediatrics, has resigned and was married June 10th at The Little Church Around-the-Corner to Mr. Winthrop Towner. They will reside in Chicago.

Born to Mrs. Opal Peck Wert, formerly G.S.N. in Woman's Clinic, on May 10th, 1939, a son.

The Maternity Center Association has withdrawn its affiliation from the Women's Clinic. Miss Ruth Doran formerly instruc-

tor in Woman's Clinic and Pediatrics, Out Patient Department is now directing the patient and student instruction in the clinic assisted by Miss Bertha Cooper, formerly of the M. C. A. staff, and Miss Gwyneth Doble, one of our former P.G. students who has just completed a six months course at Henry Street. The Henry Street Visiting Nurse Service of the Kips Bay-Yorkville Center will carry on the home visiting formerly done for our patients by M. C. A.

A trip to the airplane carrier "Ranger" of the Atlantic Fleet planned by Dr. Lowley proved very interesting to a group of about thirty nurses on May 10th.

Miss Mary Ann Cressman, New York Hospital 1938, has resigned from her position as G.S.N. in Payne Whitney, to accept a position as assistant instructor in Nursing Arts at the White Plains Hospital School of Nursing. She assumes her new responsibilities July 1, 1939.

Emily Rogers, New York Hospital 1935, has resigned as the Head Nurse on G-5 to become instructor in Nursing Arts at Highland Hospital School of Nursing. She will take up her new duties August 1st.

Gertrude Tomlinson and Adah Wyman have recently been patients on the 16th floor.

The motion picture "Footsteps" — a co-operative endeavor between the American Red Cross and The New York Hospital School of Nursing showing the preparation for and the activities of the Red Cross Nursing Service has been released and is now being shown in the movie theatres.

Four of our staff who are members of the Red Cross Nursing Service assisted in the Red Cross First Aid Huts during the time the fleet was in New York City. They are the Misses Ruth Johnston, Elizabeth Halsted, Orpha Nelson and Elizabeth Talbot.

Miss Elizabeth Park, Barnard College, has been appointed to the clerical staff in the Nursing School office.

About twenty-five head nurses and supervisors enjoyed a trip through the laboratories of The Squibb Company in New Brunswick, New Jersey on May 25th. They are indebted to Dr. Kerwin for planning this profitable experience.

Miss Kathleen Brady, attendant on K-6 practically ever since the hospital opened has resigned to accept a position in the Rec'd Room.

Sympathy is extended to Thomas Flaherty, orderly on K-9 in the recent death of his mother.

Miss Helen Swezy, New York Hospital 1936, of the Women's Clinic Out Patient Nursing Service has resigned to do private duty.

It's the songs that you sing and the smiles you wear that make the sunshine everywhere.

SOAP AND BUBBLES

We, the employees of the Laundry Department, welcome the first issue of the newly born infant of the press. Being unnamed as yet, we are unable to refer to it by its Christian name but nevertheless, do accept it in the spirit intended, namely, as a means of greater interest in our work and in our fellow workers in the various departments throughout the Hospital.

We hope that through this paper we may become better acquainted with the other departments both as to the nature of their respective duties and also as to the personnel of these units. The natural result, we hope, to be a better understanding of each other's problems and a better spirit of cooperation.

We, as individuals, would enjoy reading of the nature of your duties in the operation of this Hospital and we in turn believe you might be interested in our daily labors. In each issue of this organ, we will attempt to portray a department or phase of a department so that you may become better acquainted with our individual labors and our personalities.

BLUE PLAIDETTE

Student Organization Paper

In December, 1937, a group of eager Freshmen, after several weeks of burning midnight oil, presented the initial issue of the Blue Plaidette as a Christmas surprise for their classmates and the remainder of the residents here at "1320." A graduation number was issued the following June and in October, a Freshman issue was arranged and published as a welcome to the incoming class. About this time the finances of this group were definitely "in the red" and very conveniently, the Student Council took the paper under their wing. At this time, an official staff was elected, which included, Editor in chief, Dorothy Strunk; Associate Editors, Nancy Eckert, Janet Thompson, and Rose Ash; Class reporters, Alberta Dunn, Anne Noll and Freida Loshin; Art Editors, Miriam Greenberg and Helen Sonnabend; Business Manager, Elva Oeste; Business Advisor, Ruth Ouwerkirk, and Faculty Advisor, Jo Bergstrom.

The staff presented a very interesting graduation number.

THE HOSPITAL MODELS

A cordial invitation is extended to all the hospital employees to inspect the models of the three New York Hospitals which now are on display in the main lobby of the hos-

pital. Their appearance there is tangible evidence of Governor Augustine J. Smith's heartfelt interest in our institution.

We are told that with Mr. Sargent's permission Governor Smith commissioned Mr. Hollings, employed in our Accounting Department, to start work on the models in January 1938. Plans for the first building, which was erected on Broadway between Duane and Worth Street in 1775 were drawn from descriptive matter taken from excerpts of the minutes of the meetings of the Board of Governors dating from about 1771 through 1780. As for the 16th Street Hospital, erected in 1877 plans were made from a few available pictures and from information from people who worked in that building, because although the apartment building now on that location is placed on the old foundation, all plan of the upper structure had been destroyed. Plans for the present building completed in 1932 were available, however, they had to be redrawn since some were $\frac{1}{16}$ inch scale and others $\frac{1}{8}$ inch scale.

The models, as you see them now are all made of compressed hard wood, the greater part being either cherry or gum wood. The window casings are thread. The exterior effect of all three is achieved by paint. We understand that the job required approximately 1500 hours time. We marvel at Mr. Holling's diligence and patience.

FISHERMEN

A few weeks ago a group of our employees went on a fishing outing to do some deep-sea fishing. The morning was one of those typical London "Pea Soupers" and the outlook was rather dull but soon "Ole Sol" came out and the fishing began. Well, every member on board the boat caught fish and really had a grand time; of course they also caught a little sunburn as was probably noticed around the hospital.

Dick Reddy was more anxious to do some swimming it seemed, as he was over the side of the boat more than he was fishing. Pete McDonough proved he was no amateur at deepsea fishing when in an attempt to do a little fancy casting he lost his hook, line and sinker but managed to save his pride by catching a nice mess of fish. Red Vander Meer and his gang seemed to be having a swell time trying to figure out whether they were fishing or if they were at a circus. The largest fish caught was by George Miller and the next best by Bob Oldmixon. The other members of the party consisted of Johnnie Lehman, Lou Kanya, Jimmie Kane, Charlie Meigle, Larry Meigle, Johnnie Ververka, Walter Ververka, Vincent Ricca, Angel Ramos, Johnnie Sullivan, and some friends.

Two barrels of beer and about 150 sand-

wiches were consumed and a good time was had by all. The group intends to have another outing soon and invites all those interested to come along.

COOPERATIVE SERVICE TO PATIENTS

The Department of Nursing anticipates with pleasure the monthly distribution of this publication by the employees of the hospital and hopes that the "Aims" set forth elsewhere may be realized.

The responsibilities of the members of this department involve chiefly the continuous and direct care of patients for twenty-four hours a day. To provide this nursing care for the daily average of 796 hospital patients and 1,000 clinic patients during the year 1938 necessitated a group which represents about one-third of all the hospital employees and which is two and a half times as large as the membership of the next largest department.

Because we are most intimately in contact with the patients and most directly concerned with their care, we feel very keenly our dependence upon the work of all other departments and because of this dependence we want you all to know how deeply we appreciate the friendly cooperation which we have always found. Although many of the members of other departments never see the patients we hope they all realize how much they are contributing to the actual service to patients, high standards of which this hospital provides.

It makes no difference how far removed their activities may be from the patient, they may be sure the patient feels the effect of their work. For instance, does the man who runs the flat work ironer over in the laundry realize how pleased the patients are to have the sheets ironed smooth instead of wrinkled? Do the housemen who take pride in keeping these buildings clean realize the contribution they are making to the comfort and pleasure of every patient's hospital stay? And do all that staff of be-overalled gentlemen in the power house realize how much it means to the patient to have the buildings so comfortably heated and all mechanical devices working properly?

And so it is with every department. No matter what the particular task may be, let every employee remember that he or she is helping in some way to promote the well being of the patients and bring reassurance and comfort to the patients' families.

May this publication flourish and prove of mutual benefit to us all.

Success does not consist in making no mistakes, but in never making the same one twice.—Abraham Lincoln.